
THE HIGHEST TRUTHS IN SPIRITUAL HEALING #1

1. A practitioner or healer is not a person, but rather a spiritual state of consciousness; a consciousness that really knows that God is All, and in all. Anything that is not of God is not real. Limitation must always be seen for what it is, mere suggestion, a form of hypnosis. There is instantaneous freedom when you realize that you are not dealing with a person. All healing is the result of discerning and experiencing Reality.
2. Spiritual consciousness is the consciousness of wholeness. Therefore when the call for help comes go quickly into that realm where all is peace and harmony and love. As quickly as possible enter into a meditation where you can "feel" your oneness with the Divine.
3. Healing takes place at that point in consciousness where you are no longer aware of yourself, but completely aware of God.
4. Spiritual healing is instantaneous healing. The moment you get your realization the work is done.
5. The work of healing is not the transference of your thought to the consciousness of the person in need. Your work is in contacting Deity. It is God, the consciousness of wholeness, that heals.

There is but one healer, God the Good, operating through all for permanent relief. The sooner we accept the truth of our oneness with God, and ourselves as the expression of His perfect Being, the sooner will health be experienced.

—Divine Science Textbook

6. In the highest Truth, there is not God and man. There is only God. God proceeds forth as Man. God expresses as man, but that expression is still God.
7. There is only one point of identification. "Be still and know that 'I' am God." This "I", our true Being, is the one and only Self. . . . one limitless "I". . . . one Presence, one Life, one Mind. . . . One. There is only One infinite, limitless Being.
8. In the highest Truth, we do not give a treatment TO someone or FOR someone. Man, the expression of God is already God-like. Therefore Man is already perfect and whole.
9. Our treatment is merely a realization of the Truth of the Allness and Completeness of God. Whatever is true of God is true of God-man; God-man-i-festation.
10. Realization requires stillness, receptivity, openness, meekness. We must become

teachable. We are then Self-taught and Self-illuminated. Through stillness we experience the inspiration of Almightyness. Through inspiration we experience Spiritual Understanding. We are invited to "Be still and know that 'I' am God."

Remember to be Silent.
There is magic in silence.
Quietness is the antechamber of silence.
Argument is merely an effort at self justification.
Appeal in secret to Wisdom and Wisdom will reward you openly.
Silence won't rob you of friendship, but argument will.
Hold your tongue.

—Talbot Munday

"He who does the best healing is he who sees nothing to be done. He sees nothing to be done because he is seeing God only.
He knows no other Creator and no other creation.
If we would heal as Jesus did, we must awake to His likeness.
We must be like him; and to be like Him, we must know only God and His Son and His Glory.

Jesus was the living consciousness of the Presence.
He was God incarnate. He knew that God was All in all, and that beside Him there is none else.

In God there can be no sickness, pain or suffering or any other pathological symptom. In treating you are not treating a particular person. You are destroying some false belief that is being accepted as true.

Never be fooled by any physical or material aspect that presents itself to you, for it is not true. It is a picture of an untruth, and an untruth is nothing. Nothingness has no substance, no intelligence, no objective and no course. It is just nothing. Do you know that?"

—H. B. Jeffery